

December Benton's Lodge 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
31st	AREA	AREA	AREA	AREA	1st	AREA	
11.30 Songs of Praise ABC TV	ALL			Resident Support Group with Caley every Thursday 2.45pm In the Private Dining Room - DW	10.00 Walking Group 10.45 Summer Quiz 10.45 Table Tennis 10.45 Puzzle & Chat 2.00 Garden Walks 2.00 Christmas Sing a Long 3.30 Sunset Program	10.45 Bingo Resident Support 1:1s 3.30 Sunset Program	
1.30 Afternoon Movie	ALL						
3.30 Sunset Program	SE						
3rd	4th	5th	6th	7th	8th	9th	
11.30 Songs of Praise ABC TV	ALL	10.00 Walking Group 10.45 Church Service 10.45 Therapeutic Exercise Program	10.00 Walking group 10.45 Bingo 10.45 Hoy 10.45 Christmas Coffee Club	10.00 Walking Group 10.45 Therapeutic Exercises Program 10.45 Bobs 2.00 Garden Walks 2.00 Christmas Movie 2.00 Cooking Group 3.30 Sunset Program	10.00 Walking Group 10.45 BIG Word Challenge 10.45 Art Therapy 2.00 Garden Walks 2.00 Christmas Craft & Art Therapy 3.30 Sunset Program	10.30 Music - YouTube Resident Support 1:1s 3.30 Sunset Program	
Pet Therapy	ALL						
1.30 Afternoon Movie	ALL	10.45 Bingo 1.30 Benton's Square Walk	10.45 Hoy 1.30 Yoga 2.00 Bingo	2.00 Entertainment & Happy Hour - Rob. F	2.00 Christmas Movie		
3.30 Sunset Program	SE	3.30 Sunset Program	3.30 Sunset Program	3.30 Sunset program	3.30 Sunset Program	3.30 Sunset Program	
10th	11th	12th	13th	14th	15th	16th	
11.30 Songs of Praise ABC TV	ALL	10.00 Walking Group 10.45 Church Service 10.45 Therapeutic Exercise Program	10.00 Walking Group 10.45 Benton's Choir 10.45 Quiz Time 10.45 Sing a long & ~ Pamper ~	10.00 Walking Group 10.45 St John's Choir 10.45 Bingo 10.45 Colour & Create 1.00 Garden Walks 2.00 Entertainment & Happy Hour - Zealettes 3.30 Sunset Program	10.00 Walking Group 10.45 Therapeutic Exercises Program 10.45 Mini Golf 2.00 Mobile Shop 2.00 Benton's Choir Christmas Carol Show 3.30 Sunset Program	10.45 Christmas Word Scramble 10.45 Christmas Coffee Club 2.00 Ladies Group 2.00 Men's Group 3.30 Sunset Program	10.45 Bingo Resident Support 1:1s 3.30 Sunset Program
1.30 Afternoon Movie	ALL	10.45 Sensory Box 2.00 John Carlotto Christmas Show	1.30 Yoga 2.00 Bingo	1.00 Garden Walks 2.00 Entertainment & Happy Hour - Zealettes	2.00 Mobile Shop 2.00 Benton's Choir Christmas Carol Show	2.00 Ladies Group 2.00 Men's Group	
3.30 Sunset Program	SE	3.30 Sunset Program	3.30 Sunset Program	3.30 Sunset Program	3.30 Sunset Program	3.30 Sunset Program	
17th	18th	19th	20th	21st	22nd	23rd	
11.30 Songs of Praise ABC TV	ALL	10.00 Walking Group 10.45 Church Service 10.45 Therapeutic Exercise Program	10.00 Walking Group 10.45 Benton's Choir 10.45 Guess What?	10.00 Walking Group 10.45 Christmas Bingo 10.45 ~ Pamper ~ 2.00 Christmas Entertainment & Happy Hour - Peter. S 3.30 Sunset Program	10.00 Walking Group 10.45 Non-Denom Church Service 10.45 Reindeer Quoits 2.00 Garden Walks 2.00 Christmas Movie 2.00 Cooking Group 3.30 Sunset Program	10.00 Walking Group 10.45 Christmas Quiz 10.45 Balloon Tennis 10.45 Art Therapy 2.00 Garden Walks 2.00 Christmas Pamper 3.30 Sunset Program	10.30 Music - YouTube Resident Support 1:1s 3.30 Sunset Program
Pet Therapy	ALL						
1.30 Afternoon Movie	ALL	10.45 Puzzle & chat 1.30 Benton's Square Walk	1.30 Yoga 2.00 December Birthday Bash	10.45 ~ Pamper ~ 2.00 Christmas Entertainment & Happy Hour - Peter. S	10.45 Reindeer Quoits 2.00 Garden Walks 2.00 Christmas Movie 2.00 Cooking Group	10.45 Art Therapy 2.00 Garden Walks 2.00 Christmas Pamper	
3.30 Sunset Program	SE	3.30 Sunset Program	3.30 Sunset Program	3.30 Sunset Program	3.30 Sunset Program	3.30 Sunset Program	
24th	25th	26th	27th	28th	29th	30th	
11.30 Songs of Praise ABC TV	ALL			10.00 Walking Group 10.45 Bingo 10.45 Bingo 10.45 Sing a long 1.00 Garden Walks 2.00 Entertainment & Happy Hour - Karaoke 3.30 Sunset Program	10.00 Walking Group 10.45 Therapeutic Exercises Program 10.45 Ten Pin Bowling 2.00 Mobile Shop 2.00 Gardening Group 2.00 Guess What? 3.30 Sunset Program	10.00 Walking Group 10.45 Scattorgories 10.45 Bobs 10.45 Sensory Box 2.00 New Years Eve Afternoon Tea 3.30 Sunset Program	10.45 Bingo Resident Support 1:1s 3.30 Sunset Program
1.30 Afternoon Movie	ALL						
3.30 Sunset Program	SE						

LEGEND	F - Foyer	PD - Private Dining
	DW - Driftwood Community	SS - Seaspray Community
	SE - Sandbar East Community	BW - Boardwalk Community
	SW - Sandbar West Community	All - All communities
	MB - Mainbeach Community	Hairdresser - Tues - Thurs - 9am
		Harp Therapy Fridays - 10am

Lifestyle Program is subject to change without notice